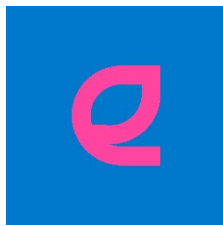


EASE App Information

Easy Read Version



The EASE project is run by SUSE to help disabled people in Scotland stay in work



EASE stands for Early Action to Sustain Employment



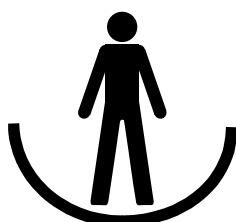
SUSE stands for the Scottish Union of Supported Employment



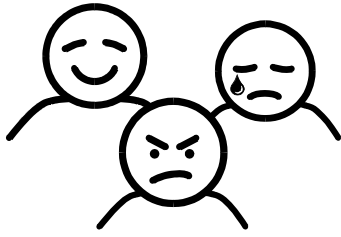
The EASE project has made an app that we think will help more disabled people stay in work for longer.



The EASE app can help disabled workers think about your own health and happiness at work.



The app will help you find different support networks in their local area.



You can use the app when you need extra support to solve a problem you might be having at work.



Answer some questions on the app and it gives you the best information about the problem you might have.



The app will also help you see what is going well at work.



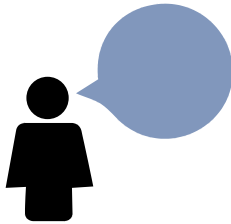
The app will have information and support for lots of areas such as help with money, making friends at work and help with getting to work.



So how do you use the app?



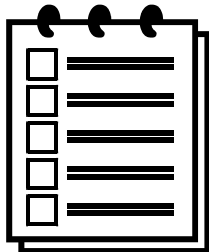
First, you download the app from either Google Play or the Apple App Store by searching for: suse ease app.



You then pick 4 things that are important to you in work. You can change these at any time.



Next, build your profile by answering a few questions about yourself. This is private and only you see your profile.



Answer some questions about these topics to find out how things are going at work.



The app then suggests some links to websites to visit for extra support.



You can save your favourite links to visit when you need to.



This app will help us learn what disabled workers find difficult in work. It will help us design services to better support disabled workers.



Disabled people have helped build this app to make sure it is easy to use.